

# Learning Plan

Your name: Jade Makua

Site: Hawaii State 4-H Program

## Instructions:

- Read through required resources in [Lesson 2.1](#).
- Download this document or make a copy of this document in your folder in the **CHLD Scholars** google drive under the **Service Learning folder**.
- Complete this plan with learning objectives from at least 3 different learning categories. Using the [Learning Plan Guidelines](#) identify learning objectives, actions planned, and indicators that will demonstrate you achieved your objective.
- Discuss the plan with your field experience supervisor to ensure your objectives and actions are realistic given the scope of your field experience.
- Name your file, LearningPlan\_LastName\_FirstName (ex: LearningPlan\_Esquivel\_Monica) and save as a PDF.
- Submit to your instructor via email by the due date.

Learning Objectives	Actions Planned	Indicators of Achievement	Completion Date	Level of Achievement
To take feedback from the parents and children involved with the site and learn how to modify recipes to their preferences	<ul style="list-style-type: none"> <li>- Make a hedonic scale feedback survey</li> <li>- Have parents and their children fill out feedback survey</li> <li>- Use feedback from survey to come up with modifications that can be made to recipe</li> <li>- Research different ingredients that can be used in place of former ingredients</li> </ul>	<ul style="list-style-type: none"> <li>- I will have gotten feedback from parents and children saying there was an improvement in the recipe</li> <li>- I will have been able to see parents and children use the modified recipe</li> </ul>	9/2022	Rating Scale from 1-10

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	<ul style="list-style-type: none"> <li>- Share modified recipes to parents and children</li> </ul>			
To improve knowledge on making food nutrition labels using the Food Processor to include in recipes given to parents and children	<ul style="list-style-type: none"> <li>- Go to the lab to use the Food Processor program</li> <li>- Watch tutorials on how to use food processor</li> <li>- Ask Dr. E or kumu for help</li> <li>- Use food processor to make nutrition labels</li> </ul>	<ul style="list-style-type: none"> <li>- I will have been able to make a nutritious food label that meets a certain percent daily value of certain nutrients</li> </ul>	6/2022	Rating Scale from 1-10
To create nutritious recipes that meet the RDA's and teach children and parents how to make it	<ul style="list-style-type: none"> <li>- Research different recipes that are children friendly</li> <li>- Compare recipes with the RDA's</li> <li>- Test out making the recipe at home first</li> <li>- Do a cooking demonstration for children and their parents</li> <li>- Have children make the recipe</li> <li>- Have children and their parents sample the food at end of cooking demonstration</li> </ul>	<ul style="list-style-type: none"> <li>- I will have been able to learn how to make a recipe that is in line with the RDA's</li> <li>- I will have been able to properly show the children and their parents how to go through and make the recipe.</li> </ul>	8/2022	Rating Scale from 1-10

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