

# The Flower Diagram

(Adapted from Richard N Bolles)

**Instructions:** After reading [The Flower Diagram](#) Instructions and reflecting on the 7 petals, fill in each of the boxes to the right with top 2-3 ideas that emerged from your reflection. Be sure to submit this diagram to Laulima and post to your professional portfolio.



## Petal 1: Goal, Purpose, or Mission in Life

**My goal is to graduate and work on my Master's degree and internship. From there, I have the goal to pass the RD exam and become a Registered Dietitian. My mission in life is to enjoy everything that I do. I want to live my life in a way that brings me happiness and makes me feel proud of what I do. I want to bring key values such as happiness and humor into the world by doing what I can to make others smile and feel good about themselves.**

## Petal 2: Favorite Knowledge or Fields of Interest

**My fields of interest include learning more about children's nutrition since I am interested in Pediatrics. Another field of interest is community nutrition. Community nutrition is an interest of mine because it has to do with working with all kinds of people from my community.**

## Petal 3: Favorite Transferable Skills

**My favorite transferable skills include being cooperative, working well with others, and being friendly. Being cooperative is important to me because I want to be able to understand where others are coming from and incorporate what they have to offer with what I have to offer. Working well with others is another skill that is useful because having good teamwork makes doing anything go more smoothly. Being friendly is good so that you seem more approachable and willing to collaborate with others.**

## Petal 4: Preferred Kinds of People to Work With

**My preferred kinds of people to work with are those that are positive and look on the bright side of situations. I also like to work with people that are friendly and have a sense of humor.**

## Petal 5: Favorite Working Conditions

**My favorite working conditions are places that let me perform hands on activities. I also like places that are filled with colorful environments and keep me moving and busy. Being able to talk and interact with people is also something I enjoy from a working place.**

## Petal 6: Preferred Salary Range

**My preferred salary range would be somewhere between \$60,000-\$80,000. A salary range like this would help me in the future when I have more expenses such as housing, a car, etc. Earning less than the range for this salary would make me think of doing side work to try and cover more of my anticipated expenses. I believe that earning this salary would allow me to cover my anticipated expenses in the future.**

## Petal 7: Preferred Place(s) to Live

**Continuing to live on Oahu is my preferred place to live. Oahu is my desired place to live because it is where my family and friends are. I love spending time with them a lot and moving somewhere else would make me miss them too much. Oahu is also where I was born and raised and I have a lot of sentimental value here. Oahu is very nice and has amazing scenery as well. Oahu is my home and I love living here.**